



Seasalt

dining&cafe

menu specials

monday pizza night

Thin crust base with rich tomato sauce

Vegetarian - grilled vegetables baby spinach topped with mozzarella cheese

Meat lovers - ham, bacon, pepperoni, ground beef and mushrooms topped with BBQ sauce

BBQ Chicken - BBQ glazed chicken, grilled capsicums Spanish onion

Ham and pineapple - diced leg ham with fresh pineapple,

Pepperoni and Spanish onion, grilled mozzarella

M 10.0 | NM 12.0

tuesday rump night

200g Rump steak, chips, salad & your choice of sauce

M 12.0 | NM 14.0

wednesday schnitzel night

Chicken schnitzel, chips, salad & your choice of sauce

M 12.0 | NM 14.0

thursday BBQ ribs night

BBQ pork ribs with smoked chipotle glaze, chips & salad

M 18.0 | NM 20.0

saturday & sunday breakfast

Free Coffee or Juice with main meal purchase

Coffee 8am-9am Sm \$1.0 | Med \$1.5 | Lg \$2.0

kids breakfast all weekend \$5

with purchase of any Substantial breakfast meal. Limit one per meal purchase

sunday roast

Roast of the day with seasonal vegetables and gravy

Lunch & Dinner M 8.0 | NM 10.0

lunch specials

Monday - Friday M 12.0 | NM 14.0

Saturday & Sunday M 14.0 | NM 16.0

See menu for lunch selections

* Conditions apply to all specials.



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starters

Baked herb damper, trio of home-made vegetarian dips
M 9.9 | NM 10.9

Grilled garlic and herb sour dough
M 5.9 | NM 6.5

Grilled cheese and pesto sough dough
M 7.9 | NM 8.7

Soup of the day served with warm bread roll
M 10.00 | NM 11.00 GFR

entrees

Fresh oysters naked, chef's dipping sauce GF
1/2 doz M 16.5 | NM 18.2

Oyster, grilled, smoked bacon, Worcestershire sauce (min 4)
1/2 doz M 21.5 | NM 23.5

Salt and pepper squid, tzatziki, Asian salad, snow pea vine, chilli fig caramel
Entrée MM 13.90 | NM 15.30 | Main M 18.9 | NM 20.80

Panko crumbed prawns, Asian slaw, wasabi mayonnaise
Entrée M 15.9 | NM 17.5 | Main M 22.9 | NM 25.2

House made Thai style pork spring rolls (4)
sweet soy, chili Nam Jim M 9.9 | NM 10.9

Antipasto plate, selection of cured meats, Mediterranean style vegetables,
cheese and dips VR, GFR M 16.9 | NM 18.4

Caramelised onion and thyme arancini, roast tomato Provencal,
crisp roquette, balsamic V
Entrée M 13.9 | NM 15.3 | Main M 17.9 | NM 19.7



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mains

300gm Scotch fillet, 10-hour slow cooked GF
served with fat chips and chef's salad OR seasonal vegetables and potato
mash and your choice of sauce
M 29.0 | NM 31.9

Herb and parmesan crusted Salmon, roast truss tomatoes,
buttered greens, creamy mash, hollandaise sauce
M \$25.90 NM \$27.40

Grand seafood basket
Chef's selection of fried seafood with fresh prawns [3], oysters [3]
homemade tartare sauce, chips, salad and fruit
M \$35.40 | NM \$38.90

Prawn, chili and fennel risotto
Mascarpone cream, shaved Grana Padano, fresh herbs and baby spinach
M 22.9 | NM 25.2

Braised lamb shoulder with rosemary and roast garlic
herbed potato gnocchi, Hinterland vegetables, gremolata and shaved
parmesan M 27.9 | NM 30.7

Twice cooked crispy skin pork belly
Spiced Apple chutney, creamy mash, buttered greens and red wine jus.
M 25.9 | NM 28.5

Char-Grilled Mediterranean vegetables GF V VGR
crisp herb polenta, grilled Haloumi, provincial, crisp roquette
M 21.9 | NM 24.0

sauces

Mushroom, pepper, hollandaise sauce, Diane, jus or gravy GFR
2.5



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salads

Caesar salad served with baby cos, crispy bacon, croutons, egg, parmesan flakes, homemade dressing GFR

M 17.5 | NM 19.2

Add grilled prawns M 6.0 | NM 6.6

Add grilled chicken M 4.0 NM 4.4

Mediterranean warm chicken salad, avocado, hummus, roast pumpkin, vine tomatoes, peppers, crisp rocket, balsamic, evo GF, VR

M 18.9 | NM 20.7

Malaysian style crispy pork salad
vermicelli noodles, green paw paw, cashew praline, Chili, Lime and soy dressing M 16.9 | NM 18.4

favourites

Roast of the day with traditional accompaniments GFR

small M 12.6 | NM 13.8 large M 16.9 | NM 18.6

Pasta of the day M 16.5 | NM 18.1

Chef's curry of the day with steamed coconut rice, naan and raita GFR

M 18.5 | NM 20.3

Traditional beef lasagne, beef bolognese layered between fresh pasta, rich tomato and cheese sauce chef's Greek style salad M 20.9 | NM 23.0

Spinach and Feta Ravioli, dried tomato, caramelised onions and marinated feta, roast pumpkin, chili, fresh basil and shaved parmesan cheese V

M 18.9 | NM 21.00

Chef's selection of steamed and roast vegetables,
tomato sugo and sour cream V, GF, VGR M 16.90 | M 18.60



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favourites

MSA Rump (200gm) GFR
with fat chips and chef's salad OR seasonal vegetables and potato mash
and your choice of sauce M 21.5 | NM 23.6

BBQ pork ribs, fat chips, chef salad, smoked chipotle glaze GFR
M 34.0 | NM 37.4

Seasalt Beef burger
100% ground angus beef, lettuce, tomato, beetroot, pickle, mustard
mayonnaise, fat chips M 17.9 | NM 19.7

Marinated chicken breast GF
with fat chips and chef's salad OR seasonal vegetables and potato mash
and your choice of sauce 24.0 | NM 26.4

Chicken parmigiana, hand crumbed, shaved leg ham,
roast tomato sauce, grilled mozzarella M 22.0 | NM 24.2

Chicken schnitzel, chips and chef's salad
or chef's vegetables and creamy mash M 18.0 | NM 19.80

Barramundi fillet GFR
cooked to your liking, grilled, crumbed or beer battered
with chef's salad and chips or seasonal vegetables and potato mash
M 24.0 | NM 26.4

Battered Flathead fillet, homemade tartare sauce, chips and chef's salad
M 18.9 | NM 21.0

Seafood basket
Chef's selection of fried seafood with homemade tartare sauce,
chips and chef's salad M \$22.90 | NM \$25.80

saucés

Mushroom, pepper, hollandaise sauce, Diane, jus or gravy GFR
2.5



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lunch specials

Monday – Friday M 12.0 | NM 14.0
Saturday & Sunday M 14.0 | NM 16.0

Mediterranean salad, avocado, hummus, roast pumpkin, vine tomatoes, peppers, crisp roquette, balsamic dressing VG

BBQ glazed buffalo wings, pickled cabbage, blue cheese aioli

Prime beef burger, home-made tomato relish, Colby Jack cheese, crisp onions, pickle and chips

Chicken schnitzel burger, crisp greens, bacon, garlic aioli, pickle and chips

Caesar salad, served with baby cos, crispy bacon, crisp croutons, egg, parmesan flakes, homemade dressing

B.L.T.A, bacon, lettuce, tomato and avocado, toasted focaccia, tomato chili relish and chips

Salt and pepper squid, tzatziki, Asian salad, snow pea vine, chilli fig caramel

Pasta of the day - Please ask for today's special (vegetarian on request)

Chicken schnitzel, chips and chef's salad

Prime Rump 200gm chips and chef's salad GF

Battered Flathead fillet, homemade tartare sauce, chips and chef's salad

House made Thai style pork spring rolls, sweet soy, chili Nam Jim

Chefs Soup of the day, served with garlic bread



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kids menu

for 12 years and under \$9.9

includes free ice cream*

Henny Penny - Chicken nuggets & chips

Big Moo - Prime steak & chips

Finding Nemo - Battered fish & chips

Mr Wiggles - cheesy tomato pasta

Vegetables available on request

* Seasalt selected ice cream (subject to availability)

extras

Fat chips V M 9.0 | NM 9.9

Creamy mash potato GF M 5.0 | NM 5.5

Chef's steamed vegetables V GF M 6.0 | NM 6.6

Chef's selection of roast vegetables V GF M 6.0 | NM 6.6

Chef's side salad V GF, Honey mustard dressing 6.0 | NM 6.6

bar snacks

Available 7 days, 10.30am-3pm & 4pm-8.30pm

BBQ glazed buffalo wings, pickled cabbage, blue cheese aioli GFR
M 12.0 | NM 13.20

Asian basket, spring rolls, dim sims and won tons, fried noodle,
soy, chili lime dressing
M 12.0 | NM 13.20

Fat chips, aioli V

Sm M 5.0 | NM 5.5 | Lg M 9.0 | NM 9.9

Cajun wedges, sour cream and sweet chili sauce V
M 12.0 | NM 13.2

M - Member pricing | NM - Non-member pricing | All prices include GST
GF - gluten free, GFR - gluten free on request
V - vegetarian, VG - vegan, VR - vegetarian on request, VGR - vegan on request
Please speak to our Wait Staff if you have any special dietary requirements



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breakfast menu

Saturday and Sunday 8.00am – 11.00am

on the run

Crispy bacon and egg roll M 7.5 | NM 8.2

Deluxe bacon and egg roll with tomato relish, cheese and hash brown M 10.9 | NM 12.0

Raisin toast with whipped butter, wild berry jam or blue gum honey M 7.5 | NM 8.2

something substantial

Eggs "your style" poached, fried or scrambled (2) toasted Turkish M 13.0 | NM 14.3

Breakfast wrap, bacon, scrambled egg, tomato relish, baby spinach, Colby Jack cheese M 14.5 | NM 15.9

Crispy corn fritters, bacon, avocado salsa, homemade sweet chilli, roquet salad V M 16.0 | NM 17.6

Smashed avocado, Danish feta crumble, crisp roquet, toasted Turkish, chili oil, fresh herbs V M 17.0 | NM 18.7

Eggs benedict charred focaccia, buttered baby spinach, glazed hollandaise sauce GFR M 14.0 | NM 15.4

Wild mushroom and asparagus fricassee, caramelised onions, baby spinach,
semi dried tomatoes truffled hollandaise sauce V GF M 18.0 | NM 19.8

Chef's Big Breakfast

Your choice of eggs with Bacon, tomato, sausage, baby spinach and grilled mushrooms,
hash brown, tomato chili relish and toasted Turkish bread M 21.0 | M 23.0

kids \$8

Fried, poached or scrambled eggs on toast

Pancakes, maple syrup and cream

Baked Beans on toast



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breakfast menu

Saturday and Sunday 8.00am – 11.00am

extras

- Hickory BBQ glazed bacon M 4.0 | NM 4.4
- Smoked shaved leg ham M 4.0 | NM 4.4
- Egg (1) (cooked any style) M 3.0 | NM 3.3
- Crispy potato hash browns M 3.0 | NM 3.3
- Herb and slow roasted tomato M 3.0 | NM 3.3
- Avocado M 4.0 | NM 4.4
- Baby spinach M 3.0 | NM 3.3
- Pork sausages (1) M 3.0 | NM 3.3
- Smoked salmon M 6.0 | NM 6.6

beverages

- Tea M 3.7 | NM 4.0
- English Breakfast | Camomile | Green | Earl Grey | Jasmine
- Coffee Regular M 3.7 | NM 4.0 Large M 4.7 | NM 5.0
- Cappuccino | Flat white | Long Black | Mocha | Espresso
- Hot chocolate M 4.5 | NM 5.0
- Iced chocolate M 6.0 | NM 6.6
- Juice M 5.0 | NM 5.5 - Orange | Cloudy apple | Tropical
- Milkshakes M 6.0 | NM 6.6 - Chocolate | Vanilla | Caramel | Strawberry

saturday & sunday breakfast special

Free Coffee or Juice with main meal purchase
Coffee 8am-9am Sm \$1.0 | Med \$1.5 | Lg \$2.0

kids breakfast all weekend \$5

with purchase of any Substantial breakfast meal. Limit one per meal purchase